

STRESS

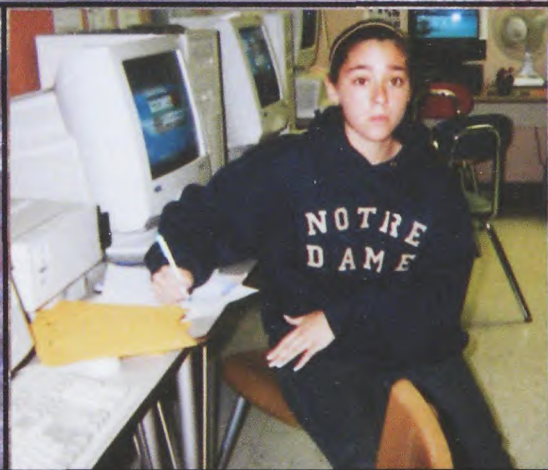
Building Frustration

Day in and day out, the students of SPFHS know stress like the back of their hands. From weeks of preparation for test, quizzes, projects and finals to last minute studying the period before class, students know what the term "cram" means. Among athletics, academics, extra-curricular activities, work, and social life, most Spiffy High Students are living in the fast lane.



Left: Senior Shaun Bendik's brain might explode if he has to look at another SAT practice book.

Enough is enough!
There are not enough hours in a day for Senior Jesse Monitor to finish her school assignments.



Sophomore Jonathan Katz gets a head start on his homework in the last few minutes of class.