

Running The Halls

"Track helps every sport," exclaimed Winter Track Coach Eric Rosenmeier, and ain't it the truth? Winter Track is traditionally a less competitive sport and more of a training season for athletes of all sports. Still, this year's team certainly had its standouts. The team was led by senior Erik Graf and Junior Jason Lilly, who was the two mile county champ. Key performances came by Shawn Mattel, fourth in the counties — Shotput, Adam Cote, second in counties — 60 yard dash, Tiana Brown, third in counties — two mile, and Rob Spellman, fifth in counties — high jump. Due to the poor weather conditions, no dual meets were held this year, but this extra time was used for intensive preparation for spring track. Coach Rosenmeier seemed optimistic about the future of the squad. "Hopefully, we started a tradition of getting people out and involved in winter track. We'll see in the spring whether this extra training time helped."

