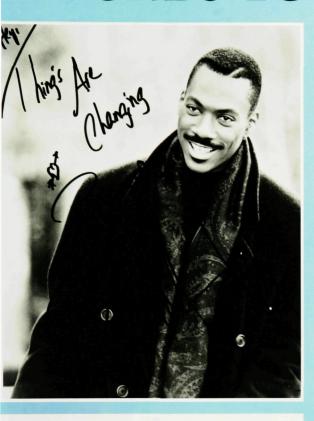
WORDS TO LIVE BY



GREG LOUGANIS

May 11, 1993

To The Graduating Students of Scotch Plains-Fanwood High School:

I have been asked to write a few words to you about challenge and accomplishment.

When I think of the challenges and accomplishments within my own life, I believe that determination has been one of my greatest allies. Through determination anything is possible. It was a combination of determination and discipline that helped me succeed both in my diving career as well as overcoming my reading disability.

There will always be challenges in life. When you set a goal and are determined to reach it, chances are you will be successful. Overcoming great ostacles and being the best you can be at whatever you choose is a wonderful feeling. Determination and believing jn yourself will help you accomplish your goals.

Sincerely,

Gregory Louganis

GEL:man

NEW JERSEY SENATE

DONALD T. DI FRANCESCO PRESIGNA, NEW JERSEY MANY 22ND LEGISLATIVE DISTRICT 1816 FRONT STREET SCOTCH PALIUS, NJ. 07076 508-327-3500

STATE HOUSE
CN 000
THENTON, NEW JERSEY 00005-000
600-202-5100

May 11, 1993

Thank you for asking me to submit my own "Nords to Live Ry" for the Class of 1994. I hope the following thoughts will suffice. Good luck to you and to the rest of the yearhook staff.

Be confident. There is much the world can learn from you.

Be responsible. There is much that you can do for the world.

Be hopeful. The potential the world has to offer you is equal to the potential within you.

Best wishes.

Donald T. DiFrancesco

P.O. BOX 4130 MALIBU, CA 90265 (213) 457-3910

You see things that are and say "Why?" But dream things that never were and say "Why not?"

— George Bernard Shaw