

SECTIONAL CHAMPS!

The tide turned for the Raider Swimming and Diving Team in 1989-90 with a strong finish: victories in eight of its last nine meets, the defeat of Millburn in late-February for its first-ever State Sectional Championship, and advancement to the Finals of the State Meet against Delran HS of Burlington County. In the County Meet, the boys finished third while the girls were second only to Westfield. A 15-5 record easily surpassed last year's fine 1-4 record and was an amazing accomplish-

ment when one considered that the girls were often required to swim against male competition throughout the season.

Senior Brian Schenberg continued his dominance in the 50-yd free style and 100-yd butterfly events. A healthy Dennis Ceppa captured a long-awaited County Diving Title in February. Speed was a factor in the Raiders' success with Matt Kelleher, Chris Knudsen, Brian Scheetz, and Brian Schenberg in the 200-yd Medley Relay. Chris captured gold

medals at the County Meet in the 100-yd backstroke, 100-yd butterfly, and 200-yd Medley, with Lisa Orman, Stephanie Sherwin, and Lynda Walford. Lynda provided stamina as well as speed in her participation in the 500-yd free style event. Paul Chuffo was dependable in free style sprints and in the 100-yd breast stroke. Both Brian Schenberg and Dennis Ceppa will graduate in June, leaving this year's State Sectional Champions virtually intact for Coach MaryAnn Degnan.



Injuries kept Dennis Ceppa out of diving competition during his sophomore and junior years.

As a senior, Dennis won the Union County Diving Championship and boosted the Boys' team to an overall Third Place finish in the County Meet.