## **GUIDANCE**







A. NEUBERGER



C. OAKES



J. PACCIONE



N. PAIGE



A. RESNICK



M. McCLOSKEY



M. PHILLIPS



R. REED

## COUNSELOR'S ADVICE: RETIREMENT

After 31 years as a physical education instructor and as a guidance counselor, Arleen Resnick retired this past December. "I think that this school district is unique in that there are a lot of people who really care about one another." Those people — her many close friends on the faculty, and "her kids" — were her major reasons for enjoying her many years at SPEHS.

Why retire in the middle of her 31st year? "Because it's time," she admitted. "It would be time to move on when I felt I might be getting restless." She felt young and healthy enough for a major change in her life, so a move to Arizona was made this past winter, for the bright sunshine and warmth, and to be with friends and family who currently live there.

"I am basically an optimist and I tried to share that with the kids." Not surprisingly, Mrs. Resnick found her career most rewarding when her students were able to fulfill their dreams; she still receives cards and notes from former students of nearly 20 years ago.

In recent years the demands of counseling have required increased travel to conferences and to college seminars. "One of my claims to fame," she boasts, "is that I have visited over 200 colleges in the United States." "It's an important part of my job, to share my knowledge about higher education and college with my students." Being a counselor rather than a psychologist has given her "the advantage of understanding the 'good side' " of her students as well as the understanding of their problems and anxieties.

Not unlike the many graduates of SPFHS whom she has counseled, Arleen Resnick also moves on to another stage in her life existence. May this one be as fulfilling as her last.

Lynn Resnick Lauren Solas

