RULES AND REGULATIONS ALONE DO NOT CONSTITUTE THE FOUNDATION OF A PRISON.

ILL-HEALTH OR A CLOSED MIND HAVE IMPRISONED MORE INDIVIDUALS IN HISTORY THAN ANY PARTIC-ULAR RULE.

WE MAKE OUR OWN PRISONS.

WE LIMIT OUR CHOICES IN MUSIC, IN FASHION, IN OUR FRIENDS, BY OURSELVES. WE ALLOW PREJUDICES AND STEREOTYPES TO AFFECT THE WAY WE THINK, AND SEE OUR WORLD.

WE SET GOALS IN LIFE AS MUCH FOR WHAT WE BE-LIEVE WE CAN'T ACCOMPLISH, AS FOR WHAT WE BE-

LIEVE WE CAN ACCOMPLISH.

AND THE END OF OUR HUMAN EXISTENCE IS OUR GREATEST LIMITATION. BUT WE HAVE THE KEY WHICH WILL RELEASE US.

AND IT IS KNOWLEDGE.

AND THE LESSONS WE LEARN IN OUR DAYS AT SPFHS, HOWEVER PAINFUL, WILL SEEM KIND WHEN OFTEN COMPARED WITH THOSE LESSONS TO COME IN THE WORLD OUTSIDE OUR ADOLESCENCE.

SOME SAY THAT ADULTHOOD IS A PRISON.

WHY NOT SEE FOR YOURSELF?



PRISON?