

## Health/Physical Education



J. Coleman



M. Allen



J. Ascolese



L. Birkins



C. Cecchine



B. Cobleigh



M. Duff



J. Grysko



T. Kesting



S. Kling



W. Lee



C. Pantano



P. Supel



Umph!!!

"Gym gives you a chance to beat up the little runts who have been bothering you all day."

"It's worth getting hot and sweaty to see the girls in their gym shorts."

When we got to the high school, we found out very quickly that gym was no longer kickball and dodgeball as it was in grade school. It was, instead, getting drenched with perspiration before taking a major test. It was forgetting your gym shorts and having to borrow someone else's. It was changing in a freezing locker room smelling of sweat and Right Guard. It was getting covered with mud, and later snow, in the Polar Bear Club, spraining fingers in volleyball, and Mr. Lee's killer military exercises. It was finding out in weight training that the girls were stronger than many of the boys, and it was wishing you had sweat pants when you had to go outside in November. In Health, the teachers taught us about drugs and alcohol; we pretended not to be embarrassed in Sex Ed, tried in vain to bring "Annie" back to life, and learned the joys of raising a family.

These classes provided us with a break from our normal classroom routine. Most of all, we can be thankful that in gym, we finally found a class which didn't assign homework.