

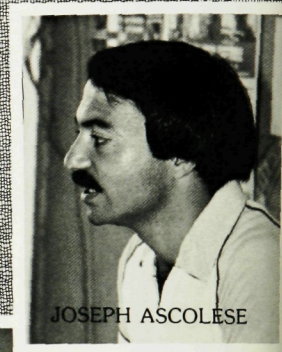
# HEALTH AND PHYSICAL EDUCATION

The Physical Education Department offers a well-rounded curriculum for the purpose of physical education and personal development. Team, as well as individual fitness classes are open for participation. Also, the student is exposed to Health and Cardio-Pulmonary Respiration (CPR) courses. Seniors are taught a *Cycles in Life* program as a supplement to the Sophomore Health course.

Through the physical education program at Scotch Plains-Fanwood High School, the student is encouraged to develop a sound mind and body and to realize his or her potential in these respective areas.



MARJORIE ALLEN



JOSEPH ASCOLESE



LYNETTE BIRKINS



JOSEPH ASCOLESE



JOSEPH ASCOLESE