



HEALTH AND PHYSICAL EDUCATION

... volleyball, archery, group leadership ... developing personal strength and fitness as well as learning team concepts ... appreciating others' abilities and recognizing one's own limits ... among the few high schools offering a complete elective program of over twelve courses ... stressing a refinement of basic skills for use in the adult world ... sophomore Sex Education and senior "Cycles of Life"-required courses of fascinating content ... group leadership laying the foundation for fine leadership qualities ... a department striving for the development of the mind and body

