

Health and Physical Education Department

. . . striving for complete fitness of mind and body . . . developing personal strength and endurance . . . appreciating others' abilities and limits . . . vocational preparation through the officiating course . . . group leadership; attaining qualities of a young leader . . . responsibility . . . consideration . . . two new courses: bicycling and co-ed games . . . coordinating efforts as a team . . . a new sophomore sex-ed program . . . planning a new senior health course; "cycles of life" . . . examining the patterns of our lives . . . providing guidance for healthy physical and mental development. . . .

