

Individual Needs Stressed in Health and Physical Education

The controversial Sex Education course was continued this year for Senior Health. Class discussions, film strips and records helped seniors better understand sex and marriage as they developed their philosophy of life.

Sophomore level health no longer dealt with First-Aid and Civil Defense; this year Consumer and Environmental Health was taught.

The Physical Education Department allowed students to select units of study to meet their own individual needs. Sophomore girls were offered a basic physical education course where they were introduced to a wide variety of team and individual sports, dance, fitness and gymnastics. Sophomore boys and all upper-classmen were given a choice in electives from all areas of physical education, including a unit of independent study. The student's individual interests were fulfilled through the variety of his chosen electives.

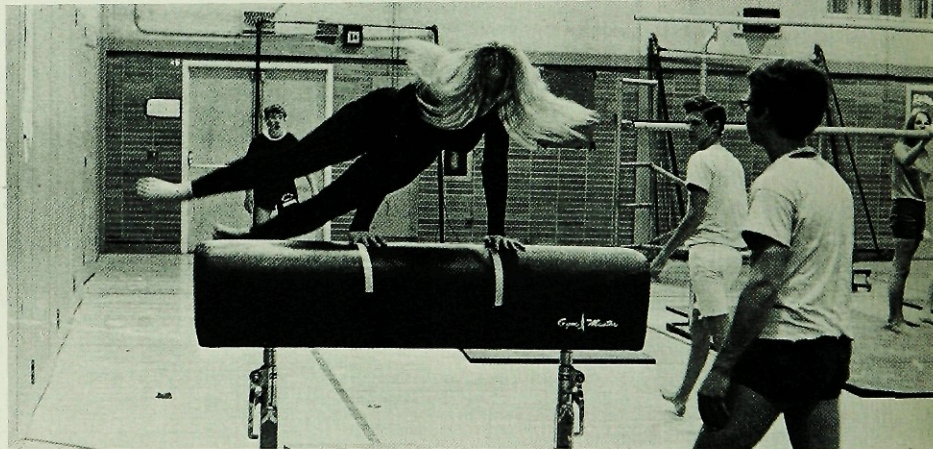
The revised Health curriculum and the elective program in gym have contributed much to the effectiveness of the Health and Physical Education Departments.



"Who wants gum? I do, I do!"



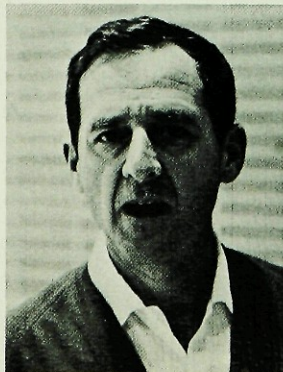
LYNETTE BIRKINS



"She's got the frizzy blues." Jean Kanerva.



TRUDY KESTING



AL FORMICHELLA



JOHN BANKS



GERARD DELANEY