Inspector at the Construction Official's office in the Municipal Building between 10:00 and 11:00 A.M.

To keep your baby well, if you are unable to pay for medical services, call the Visiting Nurses Association of Plainfield for an appointment at the Child Health Conferences held in the Rescue Squad Building, Bartle Avenue.

To have a dog or cat vaccinated against rabies, call the Department of Health to learn the location and time of the clinic nearest your home.

To report a loose dog or to register a complaint concerning a dog, call the Police Department. To determine qualifications necessary to buy USDA Food Stamps call the Township Welfare Director at the Municipal Building, or the Union County Food Stamp office.

To secure assistance, resuscitation, and transportation to and from a hospital on a 24-hour basis, call the Rescue Squad, 322-7100.

To obtain, free of charge, the loan of the following equipment, call the Rescue Squad: wheel chairs, crutches, hospital beds, walkers, and oxygen units.

To register complaints or violations regarding pollution of the environment, call the Department of Health or the N.J. Department of Environmental Protection, Springfield.

To register complaints concerning utilities or refuse collections, phone the Public Utility Commission of the State of New Jersey, Newark, N.J.

To express your opinions informally on Township affairs, attend the Listening Post sessions held by members of the Township Council on the first Saturday of each month.

To obtain, for a nominal sum, a lifetime key to the Township-owned tennis courts, apply to the Recreation Commission.

To obtain picnic kits which include softballs, bats, bases, volleyball and net, and other athletic equipment, contact the Recreation Commission. A refundable deposit is required.

To reserve meeting rooms at the Towne House or the Scotch Hills Country Club, make a written request to the Recreation Commission.

To sound a fire alarm, summon police, or an ambulance in an emergency, when a phone is not readily accessible, press the appropriate button on the red ball-shaped call boxes situated at strategic locations throughout the town.

To arrange for a police check of your home while you are away, call the Police Department. Temporary burglar alarms may be borrowed from the Department as well.

To mark your valuables against thievery, you may borrow an electric engraving pencil and obtain "Project Theft-Guard" stickers from your Police Department.

To learn the details of all ordinances, codes, and policies affecting the Scotch Plains government, ask for the "Scotch Plains Code" books available in the reference section of your local library.

To write your elected officials, address your letters as follows:

Senators, National or State:

The Hon. John Doe, Senate Office Building, Washington, D.C. 20510

The Hon. James Jones, State House, Trenton, N.J. 08625

Representatives or Assemblymen:

The Hon. John Doe, House Office Building, Washington, D.C. 20515

The Hon. James Jones, State House, Trenton, N.J. 08625

To have a chest x-ray taken for a moderate fee (\$15.00 for Union County residents; \$20.00 for non-residents, John E. Runnells Hospital has a "Walk-In X-Ray Clinic", Monday, Tuesday, Thursday, and Friday, between 11:00 and 1:00.

To attend League of Women Voters meetings, watch your local newspaper for announcements. Men and women of voting age are welcome.

To obtain additional copies of this booklet, contact the municipal clerk.